

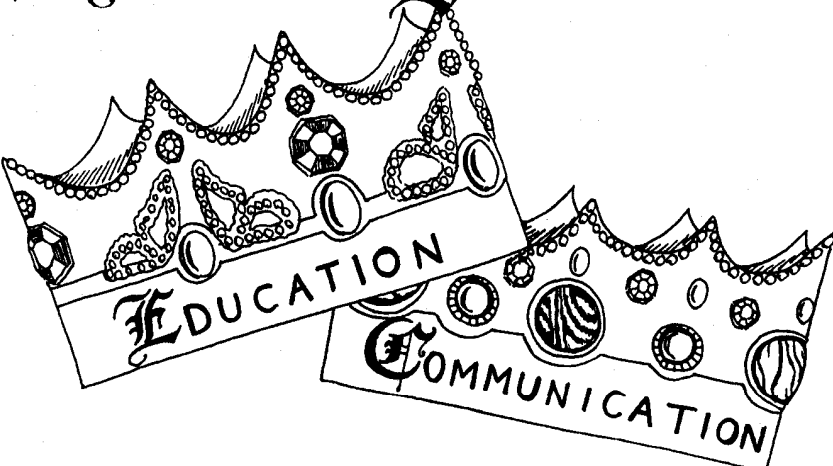
I HEARD IT
THROUGH THE

STEAMLINE

NORTH CAROLINA ASSOCIATION FOR HOSPITAL CENTRAL SERVICE PERSONNEL
Volume 3-----Issue 1

March, 1992

The Royal
Challenge of the
90's



NCAHCS
16th Annual Meeting
Charlotte, N.C.
May 6, 7, 8, 1992

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PRESIDENT'S MESSAGE

My hat's off to the Program Planning Committee, for another successful one-day seminar. Thanks to all of you for your time and efforts. I'm sure the membership is very appreciative.

The results of the election are as follows:

Board Members

Carole Caniford	Wake Medical Center Raleigh
Sue McManus	St. Joseph's Hospital Asheville
Louise Rahilly	Cape Fear Valley Medical Center Fayetteville
Linda Rudseal	Central Carolina Sanford

Treasurer

Mary Jo Perkins	NC Baptist Hospital Winston-Salem
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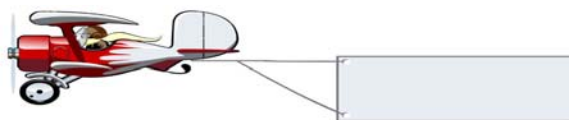
CONGRATULATIONS TO ALL OF YOU.

The Board of Directors and the Program Planning Committee are busy preparing for the 16th Annual Meeting which will be held in Charlotte, NC at the Holiday Inn Woodlawn. Start now making plans to attend this meeting. The speakers are Nancy Chobin and Estelle Davidson Crews. You should be receiving information shortly on the meeting.

The Membership drive is underway and applications will be mailed shortly. Please take a few minutes and renew your membership. My goal for this year is to have 300 members, we now have 257. If everyone renews and 43 others join we will have our goal.

I look forward to seeing all of you at the Annual Meeting May7 & 8, 1992.

Mary C. Robinson, RN
President



NEWSBITS

Several federal agencies took action last month to remove from the market a disinfectant used to sterilize medical instruments saying the disinfectant may pose a risk to public health. The US Attorney Generals Office filed seizure actions for five products made by the Sporocidin Co., Rockville, MD. The Food and Drug Administration asked hospitals to stop using the products immediately. If you need information on alternatives, you may call 1-800-858-7378.

Hospitals, Volume 65
Number 1
January 5, 1992

A new CFC substitute with less than 2 % of the Ozone- Depleting properties in existing ethylene oxide mixtures, recently earned patents. HCFC - 124, a new sterilent mixture is produced by Union Carbide Industrial Gasses. Steve Conviser, Manager of UCIG, doesn't anticipate full scale commercial application of HCFC's until at least 1995. Conviser said the new mixture will actually use less ETO, but will have identical properties, as far as residuals and efficacy, as the CFC-12 mixture now in use. The new drop-in replacement cylinders containing the new mixture will require very little expense in terms of retrofitting existing sterilizers.

Hospital Purchasing News
December, 1991

Region 3 - Report
ASHCSP Board of Directors - Region 3

I attended a ASHCSP Board of Directors meeting on November 21- 25 in Phoenix, Arizona. The Board of Directors plans a full four days of excellent educational topics for the 25th Annual meeting and Conference to be held August 9 - 12, 1992 at the Pointe on South Mountain in Phoenix. Registration fees will be for members \$350.00 and non-members \$450.00. The following is a brief summary of the topics to be presented: Management and Quality, Negotiating Skills and Improvement Concepts, Team Building and Technical Skills, and Regulatory FDA, EPA and OSHA. I hope lots of you North Carolinians will be in Phoenix.

The Board worked very hard revising the Strategic Operating Plan for the Society. We have a draft document at this time which I will share with you when it is finished.

I will share our mission statement:
"To enhance the support of quality patient care by providing continuous professional development to individuals in the field of Central Service"

I know this is brief so if you have questions or concerns, please call me.

By: Virginia Coffey



TREASURER'S REPORT

January, 1992

Account Balance: (11/5/91)	\$11,248.33
Deposits:	1,064.85
Checks:	1,952.67
Account Balance (1/8/92)	10,360.51

MEMBERSHIP COMMITTEE REPORT

The 1992 membership drive has begun. As you receive your membership application, please take a moment to join your Association. Thank you.

By: Linda Messick

PRIDE IN CERTIFICATION

The NCAHCSP would like to congratulate our newly certified technicians:

Susan Avery
Halifax Memorial Hospital.
Roanoke Rapids, N.C.

Rose Baker
Scotland Memorial Hospital
Laurinburg, N.C.

Barbara Mills
Scotland Memorial Hospital
Laurinburg, N.C.

WELCOME NEW MEMBERS

Mitzi Barrier
CS Manager
Blue Ridge Community Hospital
Spruce Pine, N.C.

Ruth L. Bryant
OR Technician
Central Carolina Hospital
Sanford, N.C.

Glenda Dunlap
Sterile Processing Technician
Raleigh Community Hospital
Raleigh, N.C.

MORE ... NEW MEMBERS

Judy C. Perry
Dental Assistant
Dorothea Dix
Raleigh, N.C.

Teresa Rhinehart
CPD Technician
Memorial Mission Hospital
Asheville, N.C.

Beverly Sturdivant
OR Assistant
One Day Surgery
Carolinas Medical Center
Charlotte, N.C.

NCAHCSP ANNUAL ACHIEVEMENT AWARD

Each year, at its annual meeting, the North Carolina Association for Hospital Central Service Personnel presents the Ray Manning Achievement Award which recognizes an outstanding employee within the Central Service Department.

Soon each Central Service supervisor will be receiving a form to be used in nominating someone from his or her department they feel deserving of this award.

The following criteria should be followed when nominating an employee for this award:

1. List ideas for improvement which nominee has initiated in his / her CS Department.
2. List in-service classes nominee has attended within the last two (2) years.
3. Briefly describe why you feel this nominee is qualified for the NCAHCSP Achievement Award.
4. Employee's principal duties must be in a Central Service Department.

By: Jo Perkins

CODE OF ETHICS FOR CENTRAL SERVICE PERSONNEL

By: Reny Moses

I shall do my job to the best of my ability because my job is just as important as the other person's.

I shall acquaint myself with the goals, objectives, policies and procedures of my department and those of the hospital, and I shall abide by them.

I shall be knowledgeable of my department so that I can explain its operation to others with pride.

I shall be neat in appearance at all times and radiate a pleasant personality.

I shall Use thoughtfulness and good manners with all patients and my fellow workers as a courtesy improves hospital service.

I shall try to answer all questions asked by hospital staff and patients in an intelligent, sympathetic and kind manner.

I shall honor the requests of hospital staff with prompt and efficient attention, provided their requests are not in conflict with department and hospital policies.

I shall remember always that the patient is a guest in my house and needs every consideration.

I shall remember that the patient is always first.

I shall follow the Golden Rule: "Do unto others as you would have them do unto you."

Approved by the. ASHCSP Board of
Director 11/91

NICHSPDP UPDATE

The Board of Directors of NICHSPDP has contracted the services of Applied Measurement Services to do all the duties associated with giving the certification test. They have established a toll-free phone number which you can call to ask any questions you may have regarding certification. The toll-free number is 1-800-352-0637. If you should have any questions regarding test dates, test sites, requesting candidate's bulletins, etc. which are directly related to taking the certification test, please feel free to call Applied Measurement Services at this toll-free number. Of course, the board members to NICHSPDP, and our organizations board members are always available to help you in any way we can regarding certification.

NICHSPDP and Applied Measurement Services have developed a new Candidate's Bulletin and informational brochures regarding certification. These will be mailed out in early February to the proctors of previous certification test sites as well as those on committees within NICHSPDP. We will see that the information we receive regarding this matter is shared with our membership.

Applied Measurement Services will contact all of the previous test sites to determine if they wish to continue to be a test site for the exam. If you feel there is a sufficient number of people wishing to take the exam on May 16, 1992 within your area (and you have someone who will sponsor and proctor the test). you may contact Applied Measurement Services to request that Location as a test site.

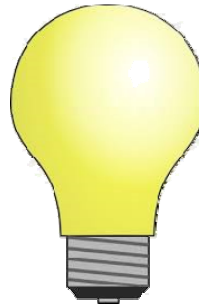
There has been an increase in the certification test fee due to the expenses which are incurred in the making and distribution of this test. The test fee is now \$95. Hopefully there will not be another increase for the next. few years.

The Technician Certification test dates for

1992 are as follows:
Saturday, May 16, 1992
Saturday, October 17, 1992

The Technician Certification test dates for 1993 are as follows:
Saturday April 24, 1993
Saturday October 16, 1993

By: Carl Winge



To: The person who wanted information concerning getting in-house in-service education approved by NICHSPDP---Please contact me. I'm sorry, but I misplaced your name and number.

Thanks,
Virginia Coffey

Future Programs & Dates

Annual Meeting: "The Royal Challenge Of the 90's; Education and Communication"

Woodlawn Holiday Inn
Charlotte, N.C.
May 6,7 & 8th, 1992

May 6th

Golf tournament for attendees and vendors. We will probably play at Pawtucket Golf Club.

May 7th

The morning session will feature Nancy Chobin and Tammy Maresca speaking on NICHSPDP certification and recertification.

FUTURE PROGRAMS (Cont.)

May 7th (cont.)

They will take any questions you may have regarding NICHSPDP Technician certification at this time.

Vendor exhibits will be from 1:00pm - 3:00pm.

May 8th

We will have Estelle Davison-Crews speaking at both sessions. Her first session will be titled "Women Working With Women". Her second session will be "How To Work With Poops and Still Keep Your Shoes White". Estelle is a professional speaker for many other professional organizations including the American Society for Healthcare Central Service Personnel. She is a dynamic speaker who Everyone enjoys tremendously! This opportunity to hear her should not be wasted!

July 17, 1992

Michael Domin, Manager of Technical Services at Kimberly-Clark, will speak on OSHA's final ruling on bloodborne pathogens.

Jeff Cutler from Baxter- V. Mueller will speak to us on reusable versus disposable.

November 13, 1992

The November meeting was originally set for November 6, 1992; however, it has been changed to November 13, 1992 (Friday the 13th) in order for us to obtain the services of Martha Young from 3-M. Her topic will be "Monitoring The Sterile Process" in the morning session and "Minimizing Employee Exposure To Infectious Diseases" in the afternoon. Many of you have heard Martha Young speak before. (either for our Association or the American Hospital Association. Marth is a very dynamic speaker which we will all enjoy and benefit from!

1993 Dates:

January 22, 1993: Greensboro, N.C.

May 5,6,7, 1993 Raleigh, N.C.

July 16, 1993: Greensboro, N.C.

November 6, 1993: Greensboro, N.C.

By: Carl Winge



TAKE TIME TO RELAX

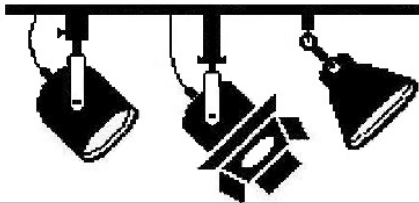
If you utilize these simple relaxation techniques twice a day, you'll feel better, work better and have much more energy for everything you do" says Kathy Soverow, president. of the Houston-based Mind Body Connection Institute.

"Relaxation and meditation will integrate a persons' mind-body function, and when you are more in tune with yourself you are more like yourself and can be more productive and effective at everything. Try it for three weeks and you'll see that it can make a difference."

- Pick a quiet place where you'll be undisturbed for 15 minutes or so.
- Loosen tight clothing from neck, wrists and waist
- Sit in a comfortable chair sofa or recliner
- Find a "focal point" upon which to visually stare. This can be a spot on the wall or ceiling or a small object across the room.
- Take a deep breath and count to yourself as you exhale, "one-thousand, two-thousand."
- Continue; concentrate on breathing slowly; sink into the furniture
- Let eyes close; enjoy the calm and relaxation; let yourself drift
- When totally calm and ready for the world again, open your eyes and with renewed vigor; continue the day.

TAKE TIME TO RELAX (Cont.)

Finally, rid yourself of the taped excuse, "I don't have time!" You have time for ALL the things that you WANT to do because you place high priority upon those tasks and activities. Don't gamble. with your health... it is after all, a matter of life and death! Be good to yourself; take it easy and relax!



MEMBERS IN THE SPOTLIGHT

The STEAMLINE interview this month will introduce JANET AULTMAN. Janet is the Assistant Manager of Central Service at North Carolina Baptist Hospital in Winston-Salem, North Carolina.

After completing a degree in biology at UNC- Chapel Hill, Janet. began a career in nuclear medicine which lasted 10 years. Then, about one and one-half years ago, she found her rewarding and challenging new job in Central Service. Janet says her former field became so highly technical and automated that it lost its challenge and excitement. We're sure she has a lot more excitement and challenge since she has been supervising 43 people. Janet says, "They are a good group of people and a lot of fun."

When we asked Janet about her interests away from work, she proudly told us she's still almost a newly-wed. (one year in January), and she has two dogs and a cat. "Becky" is her retired greyhound. Janet is also musically-talented. She says. "I'm a flutist for hire". She plays with groups for numerous functions. Maybe she will compose a new piece entitled "Concerto for Lost Charges"??

Janet told us that one of the things she enjoys most, is the opportunity to learn more

about CSR and Materials Management. She was the first in her department to obtain certification through NICHSPDP, and she is encouraging everyone in her department (and the Association) to get their certification because of the confidence it gives you. Janet proudly told us that over one half of her department has been participating in in-house classes in preparation for the certification test.

Janet has been a member of our Association for a year, and it's obvious she personally supports our goals for education.

By: Linda Rudeseal

STEAMLINE EDITORIAL BOARD	
Volume 3 --- Issue 1	
March 1992	
Virginia Coffey	Supv., Central Processing Rowan Memorial Hospital Salisbury, N.C. 28144
Linda Rudeseal	Supv. Sterile. Processing Central Carolina Hospital Sanford, N.C. 27330
Frank Sizemore	Mgr. Central Service N.C. Baptist Hospital Winston-Salem, N.C. 27103
Carl L. Winge	Mgr. Central Service Carolinas Medical Center Charlotte, N.C. 28203

ATTACHMENTS TO THIS ISSUE ARE:

- A map to the hotel for the Annual Meeting.
- OSHA: Final Rule on Occupational Exposure to Bloodborne Pathogens. (Sent to us by Michael Domin)