

I Heard It
Through The

STEAMLINE

N.C. ASSOCIATION FOR HOSPITAL CENTRAL SERVICE PERSONNEL



SUMMER SEMINAR

JULY 26, 1991 at GREENSBORO

SEE YOU THERE!

INSIDE

Waste Not?-----	2	President's Message-----	2	Region 3 Report-----	3
Vendor Show-----	3	Annual Awards-----	3	Treasurer's Report-----	4
Newsbits-----	4	Membership Report-----	5	Program Schedule-----	5
New Members-----	6	MORE New Members-----	7	Test Results-----	8
Spotlight-----	8	OR Updates-----	9	Breakfast-Do IT-----	9
		Myrtle Beach-----	10		

WASTE REDUCTION AND RECYCLING

Recycling has been a part of the American life from Colonial times. Aluminum, paper and other materials were recycled on a massive scale during World War II. In the 1990's, we must change from a throw-away society to one which conserves our natural resources.

Citizens and businesses will have to work together to develop waste reduction, recycling and composting programs. Many hospitals are recycling or are in the process of starting recycling programs. To develop a waste reduction and recycling program hospitals must have reachable goals. These goals should include:

- Reduction of amount of solid waste generated by the institution.
- Facilitate waste reduction and recycling programs.
- Encourage public-private partnerships in the community.
- Advocate for policies that are oriented toward resource.
- Identify existing markets and help develop new markets for recycling materials.

Your hospital can start a program by implementing the following:

- Use as many reusable and recyclable items as possible.
- Evaluate hospital waste stream to determine which items may be recycled, reduced or reused.
- Develop Internal recycling programs.
- Replace Items with recycling items.
- Strive for product durability.

- Offer incentives to employees who devise ways of reducing or reusing items.
- Support legislation when needed to encourage or stimulate Individual and corporate recycling.
- Provide opportunity for each employee to learn how to participate in waste reduction efforts through educational programs geared for home and work environments.

Each of us has a personal responsibility to clean up our environment, so If your hospital doesn't have a waste reduction-recycling program suggest that they start one and as an Individual, recycle and reuse at home.

By: Virginia Coffey

PRESIDENT'S MESSAGE

The North Carolina Association for Hospital Central Service Personnel, has just returned from a very successful 15th Annual Meeting in Myrtle Beach, South Carolina. My thanks to all of you who attended and to those of you who didn't we look forward to your attending the 16th Annual meeting next year.

I begin my term as President with great anticipation. The retiring President, Virginia Coffey, and her Board of Directors did a super job, and I extend my congratulations. I am looking forward to an exciting year and encourage all of you to become involved in this organization.

My goals for the up-coming term are to:

- Increase NCAHCSP membership to 300.
- Encourage membership in the ASHCSP.
- Support the Certification of Technicians.
- Provide educational programs for members.
- Assist with applications for ASHCSP awards.

Remember the July meeting in Greensboro.

Hope to see you there.

By: Mary C. Robinson

REGION 3 REPORT

Preparations for the annual meeting of the American Society for Healthcare Central Service Personnel are nearing the final stages and the program, location and time of year are going to be HOT!! I hope all of you are making plans to attend this year's meeting. This will be the 24th annual meeting, conference and exhibition in Fort Lauderdale, Florida. The site for this meeting is the Bonaventure Resort and Spa.

They will have a variety of topics and will be a benefit to all who attend. The hotel rates are \$75.00 for a single and \$65.00 for a double. The registration fee is \$350.00 for members and \$450.00 for non-members.

I would like to take this opportunity to thank all of you for your support during my term as your representative for Region 3 to the ASHCSP Board of Directors. It has been an interesting experience and one that I will not forget.

Thanks Again,
Mary C. Robinson

VENDOR SHOW: 1991 ANNUAL MEETING

The vendor show at the 15th annual meeting of the North Carolina Association for Hospital Central Service Personnel was a complete success. We had 41 vendors who participated, displaying a variety of products and equipment used in hospitals. From all the comments that were heard, it was one of the best vendor displays we have had. Many thanks to all those vendors who displayed their products, and / or contributed to make this one of our best and most successful meetings ever!!

By: Jo Perkins



ANNUAL AWARDS

MERIT AWARD: This year's recipient of the Merit Award was Ms. Linda Messick, Senior Secretary, Central Service Department, North Carolina Baptist Hospital, Winston-Salem, North Carolina. Linda's contributions to the NCAHCSP and to the Central Service Department are indeed many. She has given of her time freely to make this organization one of the best in the country. The Board of Directors of the NCAHCSP sends its congratulations to Linda, and a HEARTFELT THANK YOU for a job well done.

RAY MANNING Sr.

ACHIEVEMENT AWARD: The 1990 Achievement Award was presented to Teresa Kluttz, CRCST, Tech II, Rowan Memorial Hospital. Salisbury, NC. Teresa was described by her Supervisor as “an outstanding employee, eager learn and very capable to guide her peers.” Teresa has presented many ideas which have saved time, money, and have helped her Central Service Department produce quality sterile products. The NCAHCSP congratulates her on her accomplishments and looks forward to working with her in the future of our organization.

By: Jo Perkins

TREASURER’S REPORT

Account Balance (1-17-91)	\$10,546.59
Deposits	14,438.00
Checks	3,413.34
Balance (4-26-91)	\$21,283.26

Mary Jo Perkins

NEWSBITS

The Wall Street Journal reports that healthcare is about the only industry that is flourishing right now. Since last August the economy has lost 823,000 jobs according to the Department of Labor, while the healthcare industry has added 241,000 positions.

Salaries of healthcare workers rose 6% last year, nearly equal to last year’s inflation rate, while many workers in other industries experienced minimal raises or wage freezes.

Healthcare Dynamics
Volume 2, Number 2

Workers involvement and training will be a dominant agenda for the 1990's. Keeping a small number of workers motivated and trained to perform more complex tasks is a key human resources Issue for managers in the coming decade. Workers will also share more in the decision making process.

Wall Street Journal
March 28, 1991

ARA Enterprises has developed and released a closed loop water recirculation system that provides a means of saving and reusing water consumed in the medical sterilization process. According to studies in 250 Southern California hospitals, there is a potential to save as much as 2 billion gallons of water each year. In terms of financial savings. These same hospitals could save over \$2 million in water expense. The ARS Water Recirculation System offers hospitals and other sterilizer users an opportunity to trim water consumption significantly and potentially reduce the cost of operating their sterilizers.

Surgical Products
Volume 16 Number 4



You don't have to be
crazy to work here...
...but it helps!

Medical Device Up-Date:

Senator Cooper has sponsored Senate Bill 742 which proposes to amend previous legislation regulating "Medical Devices" by the State Board of Pharmacy. This amendment would exclude certain hospitals from the previous regulations under certain conditions. The proposed amendment reads:

"The General Assembly of North Carolina enacts:

Section 1.G.S..90-85.3(e)

reads as written:

(e) "Device" means an instrument, apparatus, implement, machine, contrivance, implant, in vitro reagent or other similar or related article including any component part or accessory that is required by law to be dispensed only pursuant to a prescription order, whose label or labeling bears the statement 'Caution – federal law requires dispensing by or on the order of a physician. Devices used in hospitals licensed under Article 5 of Chapter 131E and Article 4 of Chapter 122C, of the General Statutes are not. Included in this definition provided that they are not used to dispense or administer drugs."

Sec.2. This act is effective upon ratification.

Membership Report

Membership Committee reports 212 Members as of May 3, 1991. For those who haven't renewed their membership, applications for renewal are being mailed. Please take a moment to join. We need your support.

By: Linda Messick, Chairperson
Membership Committee

FUTURE PROGRAM DATES AND LOCATIONS

The 1991 and 1992 one day sessions will be held at the Ramada Inn in Greensboro (Albert Pick Road) on the following dates:

July 26, 1991

November 8, 1992

January 10, 1992

July 17, 1992

November 6, 1992

The July 26, 1991 one day session will feature Harley D. Berlant and Gerhard Gschwandner speaking on current OSHA standards as it applies to ETO as well as environmental monitoring and safe handling of Ethylene Oxide and other materials used in the work area.

The November 8, 1991 one day afternoon session will feature Bob Cowie (Division Manager, Fashion Seal Division) Speaking on "Protective Apparel For The Healthcare Profession; A New Generation". The morning session's speaker and topic has not been determined at this time

The location and dates for the 1992 annual seminar have not been finalized at this time. We are looking to have the seminar either in Charlotte, North Carolina or west of there. The details concerning this seminar will be announced at the July 26th meeting.

NCAHCSP WELCOMES NEW MEMBERS

Abdi Mohamed Ali, C.S. Tech.
Central Service
Presbyterian Health Corp.,
Charlotte, NC

Judy Barbour
Central Sterile Supply
Highsmith-Raney Memorial Hospital
Fayetteville, NC

Janet Aultman, Assistant Manager
Central Service,
Baptist Hospital
Winston-Salem, NC

Vernetta Lynn Bowden, Tech.
O.R. Room
Processing Department
Moses Cone Memorial Hospital
Greensboro, NC

Betty Jane Bussey, Assistant
Supervisor
Sterile Processing, MVSC
Charleston, SC

Shelia Y. Coleman, Supervisor
Central Supply
Lexington Medical Center
West Columbia, SC

Frances S. Collins, Manager Central
Processing & Distribution
Cabarrus Memorial Hospital
Concord, NC

Diana Coyle, CPD Tech.
Central Processing Dept.
Memorial Mission
Asheville, NC

Danny Damron, Sales
Representative
Fashion Seal
Summerfield, NC

Debra Davis, Tech. I
Central Processing Service
Rowan Memorial Hospital
Salisbury, NC

Evelyn Dehay, Sr. Tech.
Sterile Supplies
Rex Hospital
Raleigh, NC

Sharron Daugherty, Tech.
Central Supply
Cape Fear Valley Medical Center
Fayetteville, NC

Diane M. Fink, RN, Assist. CPD
Manager
Central Processing Dept.
Cabarrus Memorial Hospital
Concord, NC

Donna Haddock
Central Service Dept.
Carolinas Medical Center
Charlotte, NC

Becky Holmes, Director of Surgical
Service
Highsmith-Raney Memorial Hospital
Fayetteville, NC

Joyce Hucks, RN, Nurse Manager
Central Supply
McLeod Regional Medical Center
Florence, SC

Frank Hubbard, Materials Manager
Materials Management Dept.
Wilson Memorial Hospital, Inc.
Wilson, NC

Allison M. Hughes, Sates Rep.
Baxter V. Mueller
Durham, NC

Gloria Infinger, RN, CNA, CRCST,
Manager
MUSC Medical Center
Charleston, SC

Marian F. Ivey, ORT
Central Sterile Supply
Lexington Memorial Hospital
Lexington, NC

Parul Jamindar, Sr. Tech.
Sterile Supplies – Processing
Rex Hospital
Raleigh, NC

Anna B. Lineberger, RN
Infection Control
Catawba Memorial Hospital
Hickory, NC

Charanne J. Meade, CS Tech.
Central Sterile
Highsmith-Rainey Hospital
Fayetteville, NC

Connie Perkins, RN, OR Department
Marlboro Park Hospital
Bennettsville, SC

Sharon K. Pitts, RN, Manager
Central Supply and Sterile
Processing
West Columbia, SC

Mary Kay Reed, CS Tech.
Central Sterile Supply
Moses Cone Memorial Hospital
Greensboro, NC

Irine H. Sanderson, Tech.
Central Sterile Processing
Lenoir Memorial Hospital
Kinston, NC

Mary E. Smith, Tech.
Sterile Processing Department
St. Joseph's Hospital
Asheville, NC

Joann Stimpson, Tech.
Central Service
Iredell Memorial Hospital
Statesville, NC

Ruth Sutton, Computer Operations
Supervisor
Moore Regional Hospital
Pinehurst, NC

Varsha Vyas Sr. Technician
Sterile Supplies
Rex Hospital
Raleigh, NC

Crystal H. Walton, Stock Clerk
Central Sterile-Materials
Management
Lexington Memorial Hospital
Lexington, NC

Eric Walton, Supply Specialist I
Sterile Processing Dept.
MUSC Hospital
Charleston, SC

Linda Willis, LPN
Operating Room
Marlboro Park Hospital
Bennettsville, SC

WELCOME ALL NEW MEMBERS III





NICHSPDP CERTIFICATION TEST RESULTS

The NICHSPDP certification tests were held on April 27, 1991 in Charlotte and Greensboro. There were 28 persons who took the test in Charlotte and 10 persons in Greensboro. Some of those who passed were as follows:

Carolinas Medical Center:

Dorothy Howell
Vennie Jones
Janice Reid
Ruby Adams
Inell Sales
Brenda Ratliff
Patricia Daughtry
Arritta Holloway
Donna Haddock
Barbara McCullough

Rowan Memorial Hospital:

Mattie Wallace
Debbie Davis

Wayne Memorial Hospital:

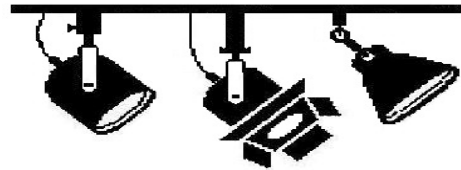
Gloria Miller
Darlene Austin
Dolly Grady
Mary Lewis
Georgia Teacde
Joyce Moore

Presbyterian Hospital:

Cindy Reynolds
Sylvia Soles
Shirley Holloman

We would like to congratulate all those who passed this test. North Carolina can certainly be PROUD of the participation shown for this first national certification exam as well as the tremendous success of those that passed. Good luck to those who take the test in the future.

Anyone else who has passed the Test, but has not yet notified us, please do so. We would like to congratulate everyone!!



SPOTLIGHT INTERVIEW

Dorothy "Dot" Howell has worked in Central Service at the Carolinas Medical Center for 26 years. She began her career there first as a technician. She was later promoted as the department's secretary and now has the position of Assistant Manager.

Dot has seen many changes within the hospital as well as the department. She has witnessed a big change in improved morale and interdepartmental relationships between Central Service and other departments of the hospital. Other changes include computer assistance in Inventory control of medical equipment and med / surg supplies. Although there has been improvement in the department's organization, Dot hopes to see further improvement in the personnel certified.

Dot's hobbies include watching sporting events (with football as her favorite).

She also enjoys taking a "walk" after lunch. Family "get togethers" also provide her great pleasure as well.

Dot's future plans include pursuing a degree in computer science or psychology. Her previous experience in Central Service should certainly help "start her on the road" towards obtaining her goal.

OR UPDATES

Baptist Hospital, Nashville, Tenn., projects saving of at least \$750,000 by the middle of this year as it cuts operating room inventory in half and eliminates 25% of its 450 medical-surgical vendors, said Donna Farar, operating room Materials Manager. Two innovations are making the savings possible; a just-in-time purchasing arrangement and an automated OR scheduling, inventory and purchasing system.

MacNeal Hospital, Berwyn, IL., projects annual operating room supply savings \$61,000, or 3.5% of the OR budget, said Margaret Sullivan, division director of administration.

The savings will primarily come from changes that the 427-bed facility's utilization review committee recommended.

The committee has already instituted changes in the use of allergy-tested, "brown mill" surgeons' gloves, that are more expensive than other sensitivity-tested surgeons' gloves. Brown mill surgeons' glove usage has dropped 80% since the late spring of 1990.

The committee also recommended that protective shoe covers no longer be used in certain areas, such as central supply, where staff already wear shoes that aren't worn outside the work area. Mac Neal is saving \$6,000 per year since the protocols were changed for protective shoe cover usage last summer.

Hospital Materials Management
March, 1991

THE IMPORTANCE OF BREAKFAST

Breakfast literally "breaks" the 10 to 14 hour "fast" that occurs between the evening and morning meals. In doing so, a breakfast meal provides nutrients and energy that are necessary to fuel the morning's activities.

One reason many adults give for not eating breakfast is, "I am trying to control my weight."

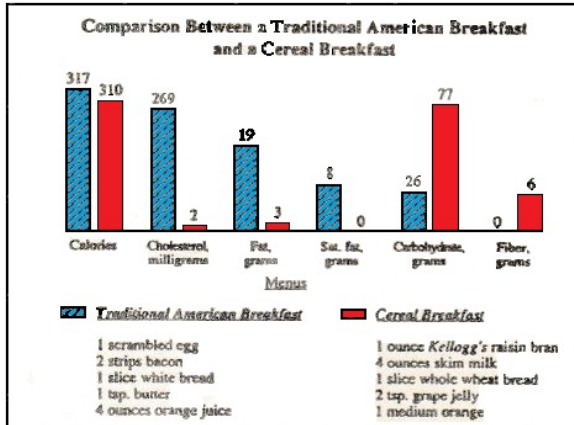
But research has found that limiting food intake to only a few meals a day is not effective in weight loss and in fact, may promote weight gain as well as higher blood cholesterol levels.

Does it matter what we consume for breakfast?

Health professionals are currently recommending that we consume a diet low in total fat, saturated fat and cholesterol, but rich in fiber and complex carbohydrates. Preliminary research has indicated that a low-fat breakfast can make a major contribution to a reduced fat intake for the entire day and may even help to lower blood cholesterol levels. As the graph below shows, ready-to-eat cereal is a good, low-fat

breakfast choice, especially when compared to a "traditional" breakfast meal. Other healthy breakfast choices include low-fat muffins, cooked cereals (e.g., oatmeal, grits), whole grain breads, bagels (with very little or no cream cheese!), fresh fruit and low-fat milk.

Kellogg Company, the Institute for Aerobics Research



MYRTLE BEACH SEMINAR REPORT

The North Carolina Association for Hospital Central Service Personnel held its annual meeting May 1-3, 1991 at the Myrtle Beach Hilton in Myrtle Beach, South Carolina.

Our speakers included Neal Danielson, Director of Materials Management at HCA Wesley Medical Center, Wichita, Kansas. He spoke on Policies and Standards Development and Departmental Policies and Procedures.; Richard S. Miller, Director of Human Resources, AT&T Family Federal Credit Union. His topic was on Interpersonal Effectiveness.; William Howard, RN BSN, MEd, Lt.Cdr. N.C. USN Ret. Mr. Howard is owner of H&H Surgical Supply Company in Sewell, New Jersey. His topic was, "What you always wanted to know about sterilization but were afraid to ask."

Our speakers were very informative, and gave us valuable knowledge to apply to our respective jobs and hospitals.

We held a brief business meeting at the seminar, and we were all impressed with the excellent collection of vendor exhibits.

Our annual awards banquet was held Thursday evening at the Hilton. We all congratulate our award winners who are recognized in this Issue of the newsletter.

We had 96 members at the seminar. We sincerely hope they all enjoyed the seminars, and got to enjoy the sun for a while, also.

Steamline

Volume 2 --- Issue 2
June 1991

Editorial Board

Virginia Coffey
Supv. Central Processing
Rowan Memorial Hospital
Salisbury, NC 28144

Frank Sizemore
Manager of Central Service
N.C. Baptist Hospital
Winston-Salem, NC 27103

Linda Rudeseal
Supv. Central Processing
Central Carolina Hospital
Sanford, NC 27330

Carl L. Winge
Mgr. Central Service
Carolinas Medical Center
Charlotte, NC 28203